



Wild Alaska Pollock

The Fish

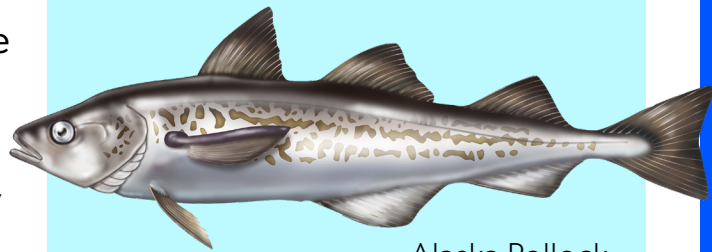


The World's Largest Sustainable Fishery

One of the most abundant food fish in the world, Alaska pollock lives throughout the North Pacific Ocean and Alaska's Bering Sea, and well as the Gulf of Alaska. The Alaska pollock fishery is the largest fishery in the United States and the largest certified sustainable fishery in the world. Through careful management, landings of U.S. Alaska pollock have averaged 1.37 million metric tons (3 billion pounds) per year over the past 20 years.

Delicious and Versatile

A member of the cod family, Alaska pollock has a mild cod-like taste, white flaky meat and a delicate texture. It is a prized ingredient in more than 1,000 consumer products worldwide, including value-added seafood meals; breaded seafood favorites, such as fish sticks, fish sandwiches and fish and chips; and surimi seafood products. It is also widely used in the foodservice sector as a premium whitefish option.



Alaska Pollock
Gadus chalcogrammus

Alaska pollock are harvested when they are three or four years old or older. Although they can grow to up to 15 pounds, the average size of individual harvested fish is one to two pounds.

